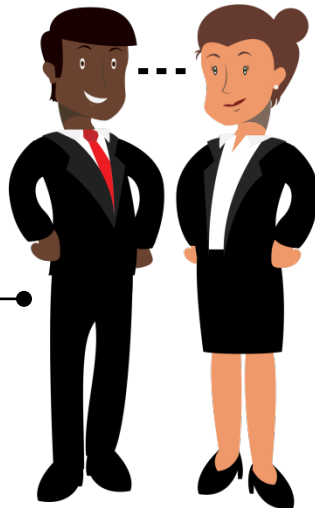


# Interview Body Language

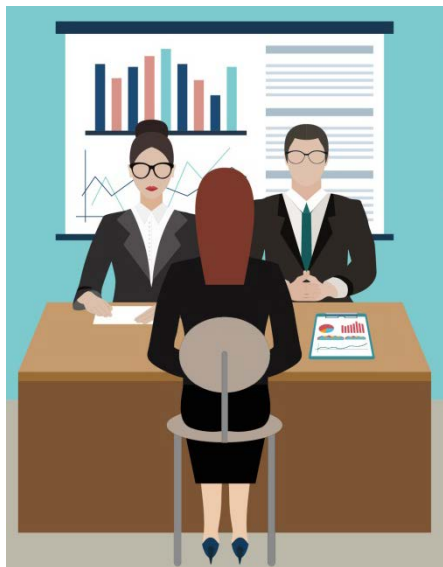


✓ **Do** greet the interviewer with a confident handshake.

- ✓ **Do** keep an interested expression.
- ✓ **Do** maintain eye contact.
- ✓ **Do** nod head in agreement.

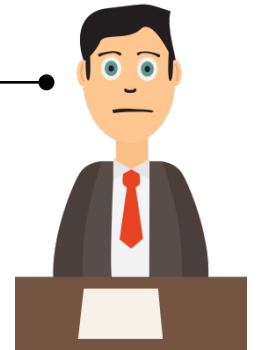


- ✓ **Do** sit up straight.
- ✓ **Do** keep your hands folded on your lap or on knees.
- ✓ **Do** lean forward slightly in your chair.



- ⊘ **Don't** sit with your arms crossed.
- ⊘ **Don't** be overly expressive with your hands.
- ⊘ **Don't** frown.
- ⊘ **Don't** slouch.

- ⊘ **Don't** stare at the interviewer blankly.
- ⊘ **Don't** rub or touch your nose or face.



- ⊘ **Don't** play with your hair.
- ⊘ **Don't** fidget in your seat.
- ⊘ **Don't** shake your legs.

- ⊘ **Don't** walk in pulling up pantyhose or adjusting your tie.

